

Menu

SPARTANBURG COUNTY ELEMENTARY SCHOOLS BREAKFAST MENU FEBRUARY 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1 Biscuit & Gravy Assorted Cold Cereal Sausage Assorted Fruit Juice Milk	2 Ham Biscuit Assorted Cold Cereal Scrambled Eggs Assorted Fruit Juice Milk	3 Chicken Biscuit Assorted Cold Cereal Mandarin Oranges Baked Tater Tots Milk	4 French Toast Sticks Assorted Cold Cereal Sausage Assorted Fruit Juice Milk	5 Scrambled Eggs w/Toast Assorted Cold Cereal Baked Tater Tots Assorted Fruit Juice Milk
8 Toasted Cheese Assorted Cold Cereal Baked Tater Tots Assorted Fruit Juice Milk	9 Sausage Biscuit Assorted Cold Cereal Grits Assorted Fruit Juice Milk	10 Toasted Ham & Cheese Assorted Cold Cereal Cinnamon/Brown Sugar Oatmeal Assorted Fruit Juice Milk	11 Biscuit & Gravy Assorted Cold Cereal Sausage Assorted Fruit Juice Milk	12 No School
15 Breakfast Pizza Assorted Cold Cereal Cinnamon/Brown Sugar Oatmeal Assorted Fruit Juice Milk	16 Pancake Pup Assorted Cold Cereal Grits Assorted Fruit Juice Milk	17 Chicken Biscuit Assorted Cold Cereal Baked Tater Tots Assorted Fruit Juice Milk	18 Toasted Ham & Cheese Assorted Cold Cereal Cinnamon/Brown Sugar Oatmeal Assorted Fruit Juice Milk	19 Biscuit & Gravy Assorted Cold Cereal Sausage Assorted Fruit Juice Milk
22 Toasted Cheese Assorted Cold Cereal Baked Tater Tots Assorted Fruit Juice Milk	23 Chicken Biscuit Assorted Cold Cereal Cinnamon/Brown Sugar Oatmeal Assorted Fruit Juice Milk	24 French Toast Sticks Assorted Cold Cereal Sausage Assorted Fruit Juice Milk	25 Biscuit & Gravy Assorted Cold Cereal Cheese Grits Assorted Fruit Juice Milk	26 Ham & Cheese Biscuit Assorted Cold Cereal Cinnamon/Brown Sugar Oatmeal Assorted Fruit Juice Milk

In accordance with Federal Law and U.S. Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited basis apply to all programs)
To file a complaint of discrimination, write U.S.D.A., Director, Office of Civil Rights, Room 326-w, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202)720-5964 (voice and TTD). U.S.D.A. is an equal opportunity provider and employer.



Menu

SPARTANBURG COUNTY ELEMENTARY SCHOOLS LUNCH MENU FEBRUARY 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fajitas *Sloppy Joe/WW Bun Turkey Chef Salad *Pinto Beans Spanish Rice *Tossed Salad *Fresh Tangerine Chilled Peaches	Sliced Baked Turkey w/Gravy & WW Roll *Chicken Tenders Fruit Salad & Cottage Cheese Mashed Potatoes *Green Peas *Tomato/Cucumber *Orange Smiles	*Double Stuffed Cheese Pizza Broccoli Stuffed Baked Potato Chicken Strip Salad *Seasoned Corn *Pasta Salad w/Vegetables Spinach Salad Fresh Apple	Cheesy Chicken over Rice *Hamburger/WW Bun Turkey & Cheese Panini *Tomato & Lettuce Steamed Broccoli *Baked Sweet Potato *Rosy Applesauce	Seasoned Pasta w/Meat Sauce & Garlic Bread *BBQ Chicken/WW Bun Tuna Salad w/Crackers *Tossed Salad *Seasoned Carrots *Baked Apples *Orange Smiles
Vegetable Lasagna *Chicken Nuggets w/ Honey Wheat Bread Sticks Taco Chef Salad Vegetable Medley *Mashed Potatoes *Tossed Salad *Pineapple Cup	*Baked Chicken w/ Brown Rice Cheesy Beef Nachos Turkey Sandwich *Vegetable Cup w/Broccoli *Spinach Salad Pinto Beans *Chilled Peaches	*Roast Pork w/Cornbread Baked Corn Dog Fruit Salad, Yogurt & Cheese Plate *Local Steamed Cabbage *Baked Sweet Potato Black Eyed Peas *Baked Apples	*Meatloaf w/WW Roll Cheese Pizza Wedge Ham & Cheese Chef Salad *Mashed Potatoes *Tossed Salad Peach Crisp *Orange Smiles	No School
Roast Turkey w/WW Roll *Chicken Filet/WW Bun Ham & Cheese Chef Salad *Baked Sweet Potato Green Peas *Tossed Salad *Fresh Orange	Mandarin Orange Chicken w/Oriental Fried Rice *Pulled Pork/WW Bun Chicken Strip Salad *Ranch Potatoes Steamed Broccoli Glazed Carrots *Pineapple Cup	*Hot Dog w/Chili Seasoned Pasta w/Meat Sauce Fruit Salad, Yogurt & Cheese Plate *Spinach Salad Seasoned Corn *Baked Apples *Orange Smiles	*Chicken Fajitas Chicken Nuggets w/WW Roll Turkey Chef Salad *Black Bean & Corn Salad *Tomato & Lettuce Oven Fries *Strawberries & Blueberries	*Meatloaf w/WW Roll Cheese Pizza Wedge Tuna Salad w/Plate *Vegetable Soup Potatoes w/Herbs Tossed Salad *Chilled Peaches
Chicken Broccoli Rotini Baby Sub *Taco Chef Salad *Seasoned Corn *Spinach Salad *Fresh Apple *Fresh Tangerine	*Salisbury Steak w/Honey Wheat Bread Sticks Cheese Sticks w/Marinara Tuna Salad w/Crackers *Mashed Potatoes Tomato & Cucumber Black Eyed Peas Chilled Peaches	Baked Chicken w/Brown Rice *Baked Corn Dog Turkey Chef Salad *Baked Sweet Potato *Steamed Cabbage *Baked Apples *Orange Smiles	Pasta w/Meat Sauce & Honey Wheat Bread Sticks *Grilled Chicken Sandwich Turkey Chef Salad *Tossed Salad *Baked Potato Wedges *Steamed Broccoli *Pineapple Cup	*Chili Cheese Baked Potato Sliced Baked Ham w/WW Roll Chicken Strip Salad Turnip Greens Glazed Carrots *Tossed Salad *Fresh Apple

Choice of Milk Offered Daily



Balanced Choices meals are available weekly. Look for this icon or an (*) asterisk to identify meal components. All Balanced Choices Meals are served with specific side items and 1% or less milk. Refer to weekly menu signage posted at your school.



Our menus recognize the positive impact whole grains can make on the health of children. We strive to make half our grains whole.



This initiative is part of Chartwells continued commitment to the health & welfare of the students we serve. It is also an opportunity for us to contribute to the local economy. Our monthly locally grown menu features are indicated on the menu.

